

Available for Apple® and Android™ devices

CONVENIENT.
CONNECTED.
INFORMED.

MyCareLink Heart™
Mobile App
for LINQ II™ insertable cardiac
monitoring system

Medtronic

OVERVIEW

MyCareLink Heart™ Mobile App

Record New Symptoms

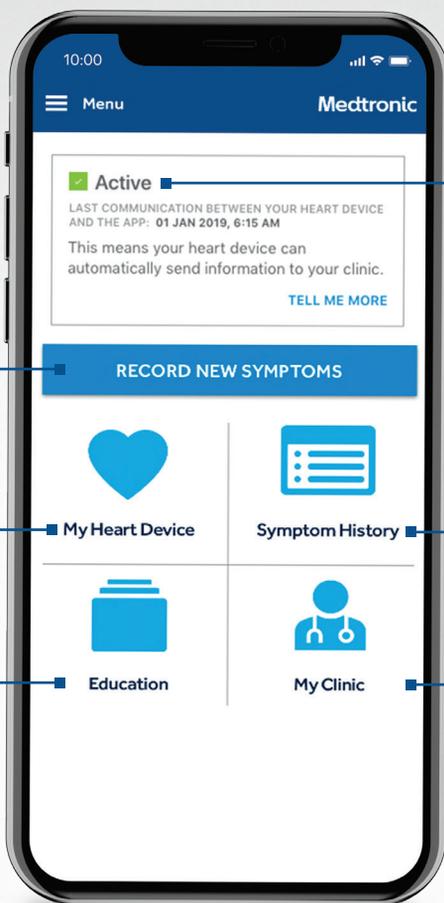
Records symptoms and heart rhythm data at the time of a symptomatic episode

My Heart Device

Displays implant date, ICM device name, model number, and serial number

Education

Provides information about living with the LINQ II™ device



Connectivity Status

Symptom History

Provides a log of your recorded symptoms

My Clinic

Displays your clinic's information, such as address and phone number

All patient and clinical data are fictitious for demonstration purposes only.

CONVENIENT

Use MyCareLink Heart on your smartphone or tablet to automatically send heart device information to your clinic.

CONNECTED

Your mobile device uses Bluetooth® Low Energy to securely transfer insertable cardiac monitor data to your clinic via the MyCareLink Heart mobile app.



HOW REMOTE MONITORING HELPS YOU

Remote monitoring allows you to stay connected to your doctor via the Medtronic CareLink™ network. Your mobile device sends information stored in your heart device to your clinic. For successful transmissions, Wi-Fi or data access is required.

Remote monitoring is convenient and easy, allowing you to continue living your life feeling secure and connected.

Remote monitoring has been found to:



Communicate abnormal heart rhythms and issues with heart devices faster



Reduce hospitalizations and ER visits



Increase quality of life



Provide a sense of security and peace of mind

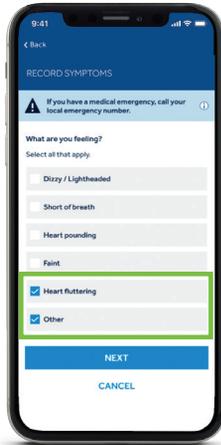
To stay connected with your clinic, be sure your mobile device and software are current with the latest updates.

RECORD NEW SYMPTOMS HOW TO

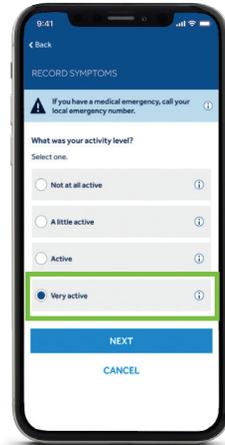
1 Select Record New Symptoms



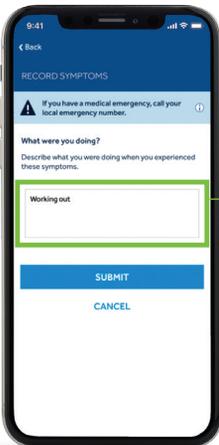
2 Record Feeling(s)



3 Record Activity Level



4 Describe What You Were Doing



The Record Specific Activity feature has a 250 character-count limit per entry.

5 Remain in App Range



6 App Confirms When Your Symptoms Have Been Recorded



All patient and clinical data are fictitious for demonstration purposes only.

CAUTION: If you have a medical emergency, call your local emergency number.

APP DOWNLOAD

Follow these instructions to download the MyCareLink Heart mobile app:

Scan the QR code below or visit MCLHeart.com/download to get started



Have an Apple® iPhone® or iPad®?

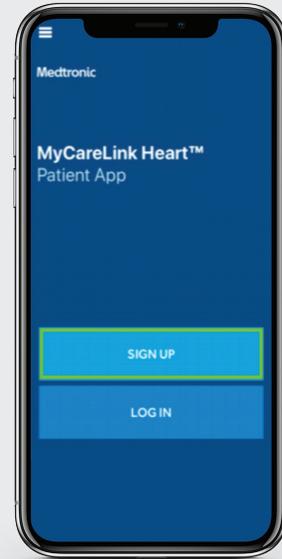
1. Open the camera on your iPhone.
2. Point the camera at the QR code above and, when prompted, visit the the App Store®.
3. Tap the "Get" button to download.
4. Or visit MCLHeart.com/download.

Have an Android™ smartphone or tablet?

1. You may need to download a QR reader app.
2. Or visit MCLHeart.com/download.

APP SETUP

Open the app and let it guide you through setup.



Write Down Your Credentials

Apple App Store or Google Play™ Store:

Username: _____

Password: _____

MCL Heart Account

Email: _____

Password: _____

Visit MCLHeart.com to download a more detailed, step-by-step setup guide:

APPLE® SETUP GUIDE

MyCareLink Heart™ Mobile app

Below is a list of everything you need to set up the MyCareLink Heart mobile app:

- Your smartphone or tablet. Please ensure that your mobile device is sufficiently charged. Medtronic recommends that it is at least 50% charged.
- Your App Store ID and password.
- A valid email address.
- Your heart device serial number. The serial number can be found on your patient ID card.

Please visit www.MCLHeart.com for a list of compatible devices.

The requirements for your mobile device and OS version will change over time. You may need to update or replace your mobile device and OS to use the app to transfer data between your heart device and the Medtronic CareLink™ network.

STEP 1

From your mobile device, navigate to MCLHeart.com. Click on the Apple Store badge to download the application from the Apple App Store. Tap "Continue" to leave the Medtronic site.



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ANDROID™ SETUP GUIDE

MyCareLink Heart™ Mobile App

Below is a list of everything you need to set up the MyCareLink Heart mobile app:

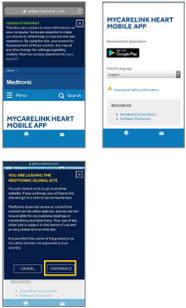
- Your smartphone or tablet. Please ensure that your mobile device is sufficiently charged. Medtronic recommends that it is at least 50% charged.
- Your Google Play™ account and password.
- A valid email address.
- Your heart device serial number. The serial number can be found on your patient ID card.

Please visit www.MCLHeart.com for a list of compatible devices.

The requirements for your mobile device and OS version will change over time. You may need to update or replace your mobile device and OS to use the app to transfer data between your heart device and the Medtronic CareLink™ network.

STEP 1

From your mobile device, navigate to MCLHeart.com. Click on the Google Play badge to download the application from the Google Play Store. Tap "Continue" to leave the Medtronic site.



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HOW TO STAY CONNECTED

- ✓ Ensure that Bluetooth is turned on.
- ✓ Stay connected to the internet via Wi-Fi or cellular data.
- ✓ Keep your smartphone or tablet near you for at least 3 hours per day.

NOTE: It does not have to be 3 consecutive hours.

- ✓ Keep your phone on. If you turn your phone off, you must relaunch the app in order for it to reconnect.

Just like you keep your smartphone on so that people can reach you, you keep the app running so that your heart device can reach your clinic when it has data to send.

Mobile device and operating system (OS) requirements to support the MyCareLink Heart mobile app will change over time to ensure reliable monitoring. You may need to update or replace your mobile device or OS to use the app to transfer data between your heart device and the Medtronic CareLink network.

Please visit MCLHeart.com for a list of compatible devices.

Need more help with setup?

Call Medtronic:

1-866-470-7709

7 a.m. to 7 p.m. CT, Monday–Friday

FREQUENTLY ASKED QUESTIONS

Will my insertable cardiac monitor interact with other Bluetooth devices? For example, will it interact with the Bluetooth in my car?

Your ICM has Bluetooth Low Energy, while cars typically use Bluetooth Classic. Cars will not attempt to establish a connection with your ICM and your ICM will not be able to detect Bluetooth Classic transmissions.

Will the MyCareLink Heart mobile app drain my phone battery?

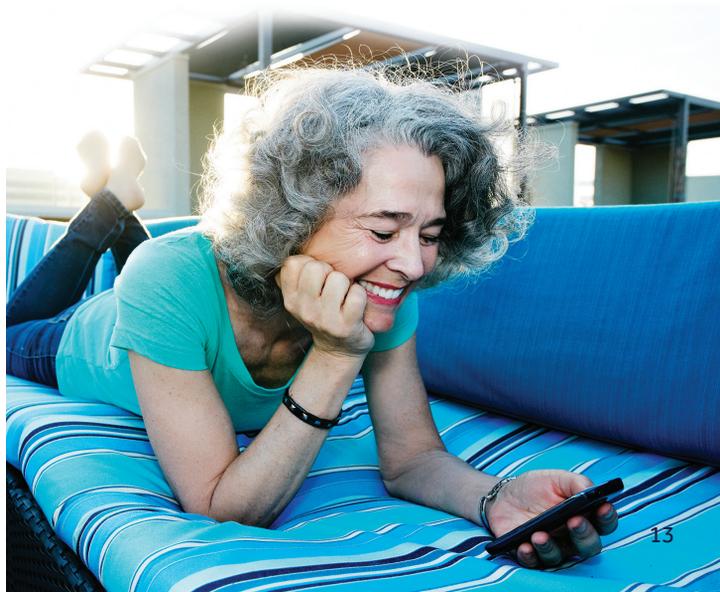
If you normally have Bluetooth turned on, you should not experience any change in battery life of your mobile device. If you do not normally keep Bluetooth turned on, you may notice a decrease in the battery life of your mobile device while using the app between charges.

How much cellular data does the MyCareLink Heart mobile app use each month?

For LINQ II ICMs, the app's data consumption (15 MB/month) is equivalent to about two minutes of web surfing per day.

If my mobile device is stolen, what will someone see in the MyCareLink Heart mobile app?

Just like other apps, if your mobile device has Wi-Fi or cellular connection, the data on the app will be available for a viewer to see. It is recommended that you protect your mobile device with a PIN code, fingerprint, or other security feature.



For further information, please call CareLink Patient Services:

1-866-470-7709

7:00 a.m. to 7:00 p.m. CT

Monday–Friday

Important Safety Information for Medtronic LINQ II™ Insertable Cardiac Monitor System (ICM) and Remote Monitoring

The LINQ II Insertable Cardiac Monitor is an implantable patient-activated and automatically activated monitoring system that records subcutaneous ECG and is indicated in the following cases:

- Patients with clinical syndromes or situations at increased risk of cardiac arrhythmias
- Patients who experience transient symptoms such as dizziness, palpitation, syncope, and chest pain, that may suggest a cardiac arrhythmia.

The device has not been tested specifically for pediatric use.

Possible risks associated with the implant of the LINQ II Insertable Cardiac Monitor include, but are not limited to, infection at the surgical site, device migration, erosion of the device through the skin, and/or sensitivity to the device material. Accessories available for use with LINQ II may experience connectivity or performance issues. See product manuals for details and troubleshooting instructions.

The LINQ II Insertable Cardiac Monitor is prescribed by your physician and is not for everyone. Please talk to your doctor to see if it is right for you. Your physician should discuss all potential benefits and risks with you. Although many patients benefit from the use of this product, results may vary. For further information, please call the Medtronic toll-free number at 1-800-551-5544 (7:00 a.m. to 6:00 p.m., Monday-Friday, Central Time) or see the Medtronic website at www.medtronic.com.

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