










## TROUBLESHOOTING FOR THE myMERLINPULSE™ APP

Keep your smartphone on the following settings.

 Bluetooth® technology, cellular data/Wi-Fi†	ON
 Bluetooth® technology, location services & cellular data/Wi-Fi†	ON
 Automatically update apps	ON
 Automatically update apps	ON
 Background data usage	ON
 Battery Low Power Mode	OFF
 Battery Saver	OFF
 Offload unused apps	OFF
 Battery optimization for myMerlinPulse app	OFF

 = iPhone† settings

 = Android† settings

## NEED HELP?

If your app is not working or you keep getting error messages, you should call the Abbott Remote Care Technical Support or your clinic.

**Before calling, please have the following information:**

Abbott implantable device serial number from patient ID card

Name of clinic that monitors you

Smartphone make and model

### UNITED STATES

**Hours of support:** M-F 8AM-8PM ET  
1-877-756-4873 myMerlin@abbott.com

### INTERNATIONAL

Contact your clinic directly with any questions.

#### Abbott

One St. Jude Medical Dr., St. Paul, MN 55117 USA, Tel: 1 651 756 2000, Cardiovascular.Abbott

#### Rx Only

**Brief Summary:** This product is intended for use by or under the direction of a Physician. Prior to using these devices, please review the Instructions for Use for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

**Intended Use:** The Implantable Cardioverter Defibrillator (ICD) and Cardiac Resynchronization Therapy Defibrillator (CRT-D) devices are intended to provide ventricular antitachycardia pacing and ventricular cardioversion/defibrillation. The CRT-D devices are also intended to resynchronize the right and left ventricles. The myMerlinPulse™ mobile application is intended for use by people who have an Abbott Medical implanted heart device and access to a mobile device. The app provides remote monitoring capability of the implanted heart device by transmitting information from the patient's implanted heart device to the patient's healthcare provider. **Indications:** The ICD and CRT-D devices are indicated for automated treatment of life-threatening ventricular arrhythmias. CRT-D devices are also indicated to treat symptoms in patients who have congestive heart failure with ventricular dyssynchrony. In addition, dual chamber ICD and CRT-D devices with the AT/AF detection algorithm are indicated in patients with atrial tachyarrhythmias or those patients who are at significant risk of developing atrial tachyarrhythmias. MR Conditional ICDs and CRT-Ds are conditionally safe for use in the MRI environment when used in a complete MR Conditional system and according to instructions in the MRI-Ready Systems manual. Scanning under different conditions may result in severe patient injury, death or device malfunction. The myMerlinPulse™ mobile application is indicated for use by patients with supported Abbott Medical implanted heart devices. **Contraindications:** Contraindications for use of the pulse generator system include ventricular tachyarrhythmias resulting from transient or correctable factors such as drug toxicity, electrolyte imbalance, or acute myocardial infarction. The myMerlinPulse™ mobile application is contraindicated for use with any implanted medical device other than supported Abbott Medical implanted heart devices.

**Adverse Events:** Possible adverse events associated with the implantation of the pulse generator system include the following: Arrhythmia (for example, accelerated or induced), Bradycardia, Cardiac or venous perforation, Cardiac tamponade, Cardiogenic shock, Death, Discomfort, Embolism, Endocarditis, Erosion, Exacerbation of heart failure, Excessive fibrotic tissue growth, Extracardiac stimulation (phrenic nerve, diaphragm, pectoral muscle), Extrusion, Fluid accumulation within the device pocket, Formation of hematomas, cysts, or seromas, Heart block, Hemorrhage, Hemothorax, Hypersensitivity, including local tissue reaction or allergic reaction, Infection, Keloid formation, Myocardial damage, Nerve damage, Occlusion/Thrombus, Pericardial effusion, Pericarditis, Pneumothorax, Pulmonary edema, Syncope, Thrombosis, Valve damage. Complications reported with direct subclavian venipuncture include pneumothorax, hemothorax, laceration of the subclavian artery, arteriovenous fistula, neural damage, thoracic duct injury, cannulation of other vessels, massive hemorrhage and rarely, death. Among the psychological effects of device implantation are imagined pulsing, depression, dependency, fear of premature battery depletion, device malfunction, inappropriate pulsing, shocking while conscious, or losing pulse capability. Possible adverse device effects include complications due to the following: Abnormal battery depletion, Conductor fracture, Device-programmer communication failure, Elevated or rise in defibrillation/cardioversion threshold, Inability to defibrillate or pace, Inability to interrogate or program due to programmer or device malfunction, Incomplete lead connection with pulse generator, Inhibited therapy including defibrillation and pacing, Inappropriate therapy (for example, shocks and antitachycardia pacing [ATP] where applicable, pacing), Interruption of function due to electrical or magnetic interference, Intolerance to high rate pacing (for example dyspnea or discomfort), Lead abrasion, Lead fracture, Lead insulation damage, Lead migration or lead dislodgement, Loss of device functionality due to component failure, Pulse generator migration, Rise in DFT threshold, Rise in pacing threshold and exit block, Shunting of energy from defibrillation paddles, System failure due to ionizing radiation. Additionally, potential adverse events associated with the implantation of a coronary venous lead system include the following: Allergic reaction to contrast media, Breakage or failure of implant instruments, Prolonged exposure to fluoroscopic radiation, Renal failure from contrast media used to visualize coronary veins. Refer to the User's Manual for detailed intended use, indications, contraindications, warnings, precautions and potential adverse events.

No potential adverse events have been identified with use of the myMerlinPulse™ mobile application.

™ Indicates a trademark of the Abbott group of companies.

† Indicates a third-party trademark, which is property of its respective owner.

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MAT-1900104 v4.0 | Item approved for Global use.



ICD and CRT-D  
Implantable Devices

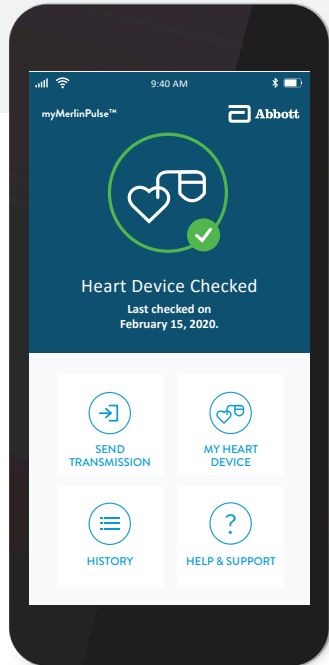
# CONNECTING WITH YOUR DEVICE

myMerlinPulse™ App





## DOWNLOAD THE myMERLINPULSE™ APP



The myMerlinPulse app allows you to:

- ✓ **Share a transmission with your doctor** (if requested)
- ✓ **Check your device's battery status**
- ✓ **View past data transmissions**
- ✓ **Access help and support resources**

### MINIMUM SMARTPHONE REQUIREMENTS

- Android<sup>†</sup> Operating System (OS) version 8.0 or greater
- iOS<sup>‡</sup> version 12.0 or greater
- Bluetooth<sup>®</sup> wireless technology version 4.2 or greater

## FOLLOW THESE TIPS TO STAY CONNECTED

- ✓ **KEEP myMERLINPULSE APP OPEN**  
Do not quit the app. Remember to relaunch the app anytime your smartphone is restarted, or if you purchase a new smartphone.  
  
Your Abbott implantable device is continuously monitoring your heart. When you are near it, the app will retrieve any new data from your device and send it to your clinic.
- ✓ **STAY CONNECTED TO INTERNET**  
Keep your smartphone connected to Wi-Fi<sup>†</sup> or cellular data with a STRONG signal (should be able to access a website).
- ✓ **KEEP BLUETOOTH<sup>®</sup> TECHNOLOGY ON**  
Your device can't communicate when the app setting for Bluetooth<sup>®</sup> wireless technology is turned OFF.
- ✓ **STAY CLOSE**  
Keep your smartphone close to you (within 5 feet or 1.5 meters), even while sleeping, and always plug in your smartphone before going to bed. If the app doesn't seem to be working at night, turn OFF devices with Bluetooth<sup>®</sup> wireless technology around your bed, like speakers or clocks.

## GOT QUESTIONS?

Visit [MyHeartHealth.com](https://www.MyHeartHealth.com) for additional videos, brochures and more.

- ✓ **TURN OFF POWER SAVE**  
In your smartphone's settings, turn OFF battery saver/optimization/low power features for the app.
- ✓ **TURN NOTIFICATIONS ON**  
Allow notifications from the app and turn ON the app setting for Background Data Usage.\*

\*The Background Data Usage setting is for an Android<sup>†</sup> smartphone and is not a required setting for iPhone.<sup>‡</sup>

